

# INSTALL A COMMITMENT SYSTEM

IF COMMITMENT ISN'T ENGINEERED, IT WON'T HAPPEN.

COMMITMENT SYSTEM

## HOW TO USE THIS WORKSHEET

Interest doesn't convert itself.  
 Conversations don't close themselves.  
 Momentum doesn't sustain itself.  
 Commitment must be **designed**.

Today you build a simple, repeatable system that turns:

interest → action  
 conversation → decision  
 engagement → commitment  
 Not through pressure.  
 Not through chasing.  
 Through structure.

## THE WORKSHEET:

<p><b>1. Define the single outcome your process is designed to produce</b></p> <p>Finish this sentence clearly:              "My system exists to produce _____."</p> <p>Examples:</p> <ul style="list-style-type: none"> <li>• decisions</li> <li>• commitments</li> <li>• booked calls</li> <li>• paid clients</li> <li>• enrollments</li> </ul> <p>Write yours: _____</p> <p>If this isn't clear, nothing else will be.</p>	<p><b>2. Define your commitment moment</b></p> <p>Every system needs a moment where action happens.</p> <p>Finish this sentence:              "The commitment moment happens at _____."</p> <p>Examples:</p> <ul style="list-style-type: none"> <li>• end of the call</li> <li>• after the offer</li> <li>• after the demo</li> <li>• after the strategy session</li> </ul> <p>Write yours: _____</p>	<p><b>3. Define the commitment action</b></p> <p>What must they actually do?</p> <p>Finish this sentence:              "Commitment looks like _____."</p> <p>Examples:</p> <ul style="list-style-type: none"> <li>• booking</li> <li>• payment</li> <li>• agreement</li> <li>• enrollment</li> <li>• signature</li> <li>• deposit</li> </ul> <p>Write yours: _____</p>	<p><b>4. Install the decision frame</b></p> <p>Finish this sentence:              "This conversation exists to help you decide whether to _____ or _____."</p> <p>Examples:</p> <ul style="list-style-type: none"> <li>• move forward / not move forward</li> <li>• commit / not commit</li> <li>• start / stay stuck</li> </ul> <p>Write yours: _____</p>	<p><b>5. Add a commitment boundary</b></p> <p>Boundaries prevent drift.</p> <p>Finish this sentence:              "If there is no decision, then _____ happens."</p> <p>Examples:</p> <ul style="list-style-type: none"> <li>• the process ends</li> <li>• the offer expires</li> <li>• the conversation closes</li> <li>• we pause the process</li> </ul> <p>Write yours: _____</p> <p>No boundary = endless follow-up.</p>
<p><b>6. Define the cost of inaction</b></p> <p>Finish this sentence:              "If nothing changes, then _____ continues."</p> <p>Examples:</p> <ul style="list-style-type: none"> <li>the problem stays</li> <li>the gap widens</li> <li>the stress compounds</li> <li>the revenue stalls</li> </ul> <p>Write yours: _____</p> <p>No cost = no urgency.</p>	<p><b>7. Install a clarity loop</b></p> <p>Finish this sentence:              "Before asking for commitment, I must ensure they understand _____."</p> <p>Examples:</p> <ul style="list-style-type: none"> <li>• the problem</li> <li>• the outcome</li> <li>• the process</li> <li>• the risk</li> <li>• the timeline</li> </ul> <p>Write yours: _____</p> <p>Confusion kills commitment.</p>	<p><b>8. Create your commitment script</b></p> <p>Short. Direct. Clear.</p> <p>Template example:              "The goal of this conversation is to decide whether it makes sense to move forward together or not. If it does, we'll take the next step. If it doesn't, we'll close the loop cleanly."</p> <p>Now write yours: _____</p>	<p><b>9. Define your no-drift rule</b></p> <p>Finish this sentence:              "I will no longer allow _____ in my process."</p> <p>Examples:</p> <ul style="list-style-type: none"> <li>• open-ended follow-up</li> <li>• undefined next steps</li> <li>• endless thinking</li> <li>• ghost pipelines</li> <li>• fake interest</li> </ul> <p>Write yours: _____</p>	<p><b>10. Lock the operating principle</b></p> <p>Finish this sentence:              "Interest is noise. Commitment is the signal."</p> <p>Signed: _____</p> <p>Date: _____</p>

### Why This Matters:

You don't get paid for interest. You don't get paid for engagement. You don't get paid for conversations. You get paid for decisions. When commitment is designed into the system, conversion becomes predictable. Revenue becomes stable. Pipelines stop lying. And "interested but not buying" stops being a mystery.

If you want help installing a real commitment system in your sales process:

<https://square1grp.com/brainstormsession>